



Board of Health Update: Mental Health

December 16, 2020





Framework for Mental Health Equity

Creating a system of mental healthcare where **all persons can receive care** regardless of ability to pay, health insurance status, or immigration status.





Framework for Mental Health Equity

Trauma-Informed Centers of Care

- Access Community Health Network
- Advocate Illinois Masonic
- Alivio Medical Center
- Alternatives, Inc.
- Apna Ghar, Inc.
- Asian Human Services, Inc.
- Bobby E. Wright Comprehensive Behavioral Health
- BUILD, Inc.
- Community Counseling Centers of Chicago (C4)
- Catholic Charities
- Chicago Family Health Center
- Christian Community Health Center
- Enlace Chicago
- Erie Family Health Center
- Erie Neighborhood House
- Esperanza Health Centers
- Habilitative Systems, Inc.
- Healthcare Alternative Systems, Inc.
- Heartland Alliance
- Howard Brown Health
- Lakeview Pantry
- Lawndale Christian Health Center
- Lutheran Social Services Illinois
- Midwest Asian Health Association
- PCC Community Wellness
- Prime Care Health
- Sinai Health System
- St. Bernard Hospital
- TCA Health
- Trilogy Behavioral Healthcare
- UIC Mile Square Health Center
- YWCA Metropolitan Chicago



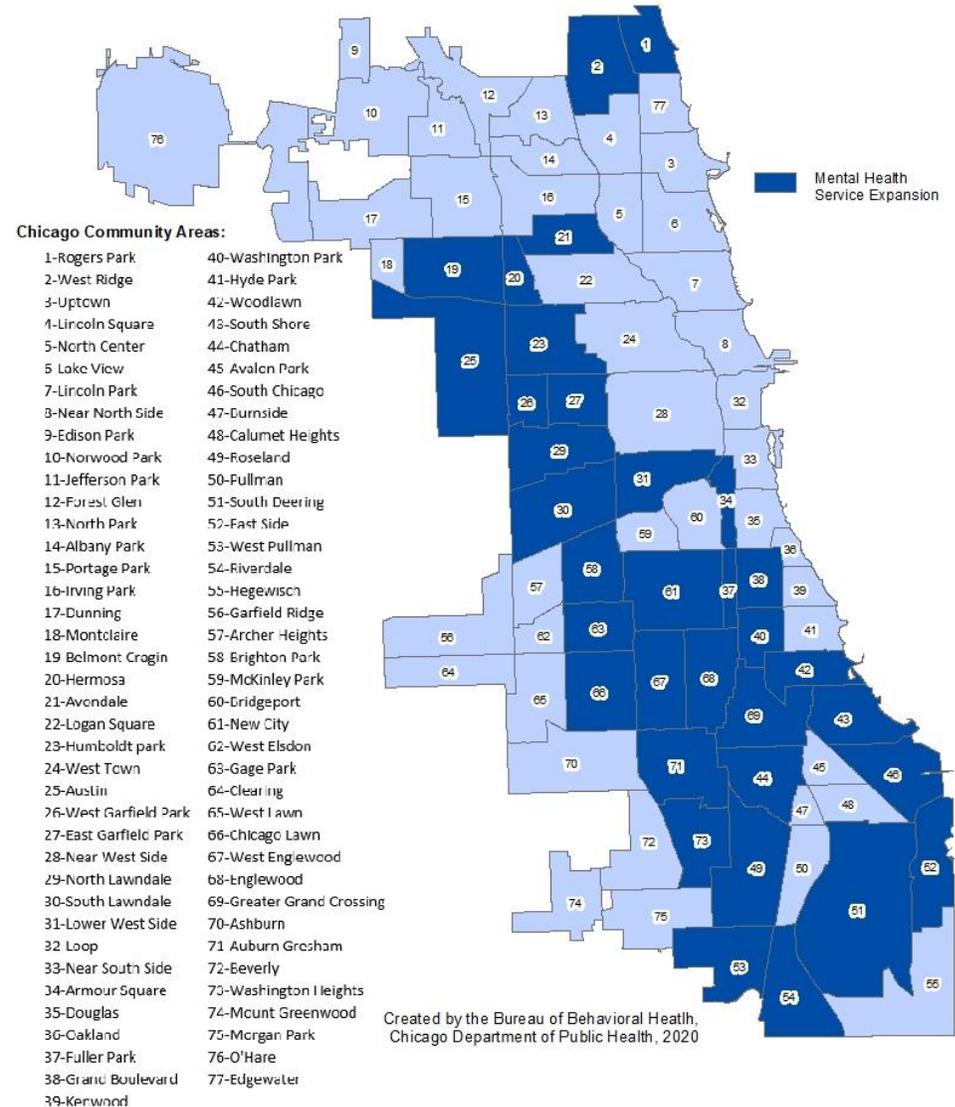
Framework for Mental Health Equity



Trauma-Informed Center of Care Expansion

Criteria used to identify priority community areas:

- 1) Hardship index rate
- 2) Percent of uninsured residents
- 3) Serious victimization rate
- 4) Rate of crisis mental health transports





Mental Health Crisis Prevention

New CDPH programs that improve patient outcomes for persons with complex needs and reduce cyclical utilization of crisis services and unnecessary contact with first responders

- 1.2m in Assertive Community Treatment (ACT) and Community Support Team (CST) Services
 - Interdisciplinary community-based mental health teams that work with persons experiencing serious mental illness, substance use disorders, and co-occurring disorders
 - Delegates are Healthcare Alternative Systems, HRDI, Thresholds, Trilogy
- 1.85m in integrated healthcare services for persons experiencing homelessness
 - Provide mental health and primary care services to persons experiencing homelessness who are also living with serious mental illness, substance use disorders, and other chronic health conditions across shelter, encampment, and CTA settings.
 - Heartland Alliance, Lawndale Christian Health Center, The Night Ministry



Mental Health Crisis Response

- **Alternate Response Pilot:**

- The alternate response pilot will include both a co-responder model which pairs CIT-trained officers with clinicians and a separate responder model which will be a clinician only, non-law enforcement response model.
- The pilot will be launched in districts that experience a high-volume of 911 calls for service with a mental health component.

- **Mental Health Professionals in 911 Call Center:**

- These mental health professionals will support callers, call takers, dispatch teams, and assist call center staff in identifying mental health calls that are suitable for diversion to a mental health professional instead of receiving a first responder dispatch.
- Based on implementation in other cities, a sizeable percentage of low-risk 911 calls with a mental health component can potentially be addressed without any dispatch and therefore can be handled by mental health professionals within the 911 call center.

- **Investing in Diversion and Deflection:**

- Too often persons living with serious mental illness and substance use disorders come into repeated contact with the justice and emergency medical systems due to untreated behavioral health needs.
- In 2020, CDPH invested approximately \$400k in diversion-related initiatives, and in 2021 CDPH will invest roughly \$4 million which is a **987% increase**



System Coordination

- 500k in mental health marketing
 - Launches the city's first public mental health awareness campaign to improve awareness of publicly funded mental health services, combat mental health stigma, and build awareness of mental health as a public health issue.
- Data-driven system coordination
 - New behavioral health data reporting for the public related to ongoing overdose epidemics, alcohol use disorder, and a soon to be released report on suicide trends in Chicago. Helping coordinate City responses.
 - Pending mental health system evaluation that includes mental health system capacity and needs assessment and CDPH Mental Health Clinics impact assessment and recommendation roadmap.

